

# Forex Trading - The Essentials

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## Objectives

This self-study course teaches the skills to trade the Foreign Exchange (Forex) market. The course assumes no prior knowledge of Forex. The delegate starts with the history of Forex and builds your knowledge of the modern Forex market. You will open a trading account as part of the course and will learn to navigate the trading platform. You will learn 3 strategies to trade the market and most importantly, you will learn how to trade with very low risk.

## Time required

The course is constructed of 10 modules which are divided into individual lessons. The complete course comprises of more than 60 lessons. The format of each lesson is a high definition (1080p) video. Course notes are provided.

You will need access to the internet to view the course materials. They can be viewed and studied from any computer or laptop using a browser. You can also view the course materials using a tablet or smart phone.

To complete all of the lessons on this course requires over 14 hours of study time. You will then need to add further time to complete the quizzes and tasks set by the course. In total, we estimate some 17 to 18 hours of work is required for the course, meaning the course is the equivalent of a three-day event.

## Subscriptions

The initial course subscription is for a period of 3 months. Email support is included throughout your subscription. You may view the course as many times as you wish during your subscription period. You have the option to extend the subscription for a further 3 months at the end of each subscription period.

## Prices

The initial subscription is £295 for the first 3 months of access for all modules of the course. A 3 month extension/renewal is available to existing subscribers. Prices are correct at 1st July 2015.

## Ordering

You may subscribe to the entire course online from the learning portal, **planb.learnupon.com**. You may also subscribe to individual modules - see planb.learnupon.com for module pricing. This course can also be purchased from selected independent traders.

## Payment

Payment may be made by credit or debit card using Paypal. To pay by cheque or bank transfer, please send an email to [hello@planbtrading.com](mailto:hello@planbtrading.com) prior to ordering. Access to the course is provided on receipt of cleared funds. By phone (0203 603 4983), we can accept payment by debit card or Visa and Mastercard credit cards. American Express is accepted for online payments only.

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## Module 1

It's always challenging to develop any training course, particularly where the outcome is a practical result. I'm sure you'll want to get started and actually begin trading and banking some profits. But there is so much to learn first. The temptation might be to skip over some of the foundation materials to simply get started. Please don't. Following the full course and the structured learning in the course will provide you with a foundation on which you can build. It will improve your knowledge of the markets, which in turn, should translate into a greater enjoyment of trading and greater profitability. Module 1 is about providing that foundation. The complete study time for module 1 is a little over an hour and a quarter. Topics covered in module 1 are:

Module	Description	Duration
1	Getting started	0:02:31
1.1	Objectives	0:11:41
1.2	Financial markets	0:09:32
1.3	Terminology	0:08:57
1.4	History of Forex	0:04:43
1.5	Trading Forex	0:06:08
1.6	Spot Forex market	0:07:56
1.7	Currency exchange	0:07:41
1.8	How does it work	0:13:30
1.9	Currencies to trade	0:07:51
Quiz	End of module questions	

## Module 2

After the foundation provided by module 1, I am turning my attention to the tools you need to trade successfully. I'll cover a whole range of topics within the lessons, including some I'm sure you won't have considered. This module teaches you how to select a broker and open a trading account. You will also learn how to install the trading software on your PC or laptop. There are some tasks for you to complete at the end of this module. Once you have done these, you will have opened a trading account. You will also have the trading software installed on your PC or laptop and you'll be ready to start trading. To complete module 2 takes around an hour and a quarter of study time. Topics covered in module 2 are:

Module	Description	Duration
2	Tools of the trade	0:02:29
2.1	What you need	0:12:06
2.2	Brokers	0:10:06
2.3	Spread betting	0:10:32
2.4	Choosing a broker	0:13:10
2.5	Opening a trading account	0:14:44
2.6	Software installation	0:11:32
Quiz	End of module questions and tasks	

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## Module 3

Now we've selected a broker to use for Forex trading, we need to get some practical experience under our belt. Module 3 is far more practical than most other modules, as it takes you through the usage of your new trading account, providing some basic navigation skills. There is just under an hour and a quarter of tutorial in this module. You will almost certainly have to add as much time again to carry out the practical assignments that accompany this module. Once you done that, you should have a good understanding of the trading platform and the navigation of the trading platform, providing a good foundation for you to start taking trades as your knowledge grows. Topics covered in module 3 are:

Module	Description	Duration
3	Trading platform	0:02:21
3.1	Navigation	0:07:19
3.2	Symbols	0:13:15
3.3	Symbols available	0:03:41
3.4	Trading	0:09:13
3.5	Open positions	0:11:46
3.6	Trades	0:14:36
3.7	Manage your account	0:09:09
Quiz	End of module questions and tasks	

## Module 4

We're continuing the theme of building your knowledge and getting you ready to trade. From a standing start, you have come a long way already and you now have a trading account and basic navigation skills. Module 4 extends that knowledge and provides the foundation for trading. By the end of this module, you will have an understanding of fundamental and technical analysis, with a sound foundation into charting practices and techniques. You'll be in a position to open and format charts for your use as a trader Topics covered in module 4 are:

Module	Description	Duration
4	Charting	0:01:51
4.1	Fundamental analysis	0:17:04
4.2	News	0:11:14
4.3	Technical analysis	0:12:12
4.4	Candlesticks	0:11:40
4.5	Candlestick details	0:14:22
4.6	Charts	0:09:43
4.7	Marketscope	0:10:22
Quiz	End of module questions and tasks	

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## Module 5

You were introduced to charts and candlesticks in module 4 and now we're going to take a further leap forwards in module 5. This module introduces the concepts of support and resistance and trends to you. It is impossible to underestimate how important these are to trading. Throughout module 5, you'll learn aspects of support and resistance and then have the opportunity to look at these in practical terms on your charts. Module 5 takes a little under two hours of study time. Topics covered in module 5 are:

Module	Description	Duration
5	Support and resistance	0:02:12
5.1	Support and resistance	0:10:14
5.2	Trends	0:15:22
5.3	Drawing lines	0:19:51
5.4	Horizontal lines	0:10:19
5.5	Moving averages	0:10:19
5.6	Indicators	0:11:31
5.7	Time frames	0:09:29
5.8	Templates	0:10:31
5.9	Layouts	0:12:51
5.10	Templates and layouts	0:04:09
Quiz	End of module questions and tasks	

## Module 6

As you become more familiar with the charts, you'll be getting ready to look for trading opportunities. In module 6, we're spending a little more time with both the trading platform and charting software as we work through the process of placing trades and orders. Module 6 takes a little over two hours of study time. Topics covered in module 6 are:

Module	Description	Duration
6	Orders	0:02:46
6.1	Stop loss	0:22:34
6.2	Targets	0:15:00
6.3	Gaps	0:10:22
6.4	Market orders	0:16:13
6.5	Entry orders	0:21:16
6.6	OCO orders	0:11:51
6.7	Managing trades	0:16:33
6.8	Closing trades	0:08:53
Quiz	End of module questions and tasks	

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## Module 7

Risk management is the holy grail of trading. A thorough understanding of risk management is essential to survive as a trader and is perhaps the most common reason for novices to fail at trading. Module 7 will take a little over an hour and a half of study time. Topics covered in module 7 are:

Module	Description	Duration
7	Risk management	0:02:00
7.1	Risks	0:13:47
7.2	Leverage	0:12:20
7.3	Trade risk	0:14:02
7.4	Risk and reward	0:15:48
7.5	Position sizing	0:18:38
7.6	Account risk	0:16:13
7.7	Compounding	0:07:25
Quiz	End of module questions and tasks	

## Module 8

You've invested a lot of time and effort to get this far and I'm sure you're ready to start trading. In module 8, we'll piece the previous lessons together and get you started trading. You'll learn the first three trading strategies and learn how you can use these to select and take trades in the market. At the end of the module, a couple of lessons use the techniques and strategies live in the Forex market. Topics covered in module 8 are:

Module	Description	Duration
8	Trading	0:01:49
8.1	Getting it together	0:09:10
8.2	Breakouts	0:19:14
8.3	Breakouts part 2	0:17:45
8.4	Consolidation	0:21:17
8.5	Channels	0:25:30
8.6	Review	0:11:13
8.7	Taking trades	0:12:05
Quiz	End of module questions and tasks	

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## Module 9

Module 9 is one of the shorter modules of the course at just over 40 minutes of study time. In this module, you will learn how to use indicators that appear in a separate window on your chart. Topics covered in module 9 are:

Module	Description	Duration
9	Indicators	0:01:08
9.1	ATR	0:10:33
9.2	RSI	0:10:15
9.3	Stochastic	0:09:17
9.4	MACD	0:13:11
Quiz	End of module questions	

## Module 10

As you reach the end of your trading course, I want to cover a couple of final topics. It will take you around 35 minutes of study time to complete module 10. Topics covered in module 10 are:

Module	Description	Duration
10	Final thoughts	0:01:20
10.1	Psychology	0:14:47
10.2	In business	0:12:23
10.3	Other assets	0:19:05
10.4	Buyer beware	0:19:20
10.5	Next steps	0:17:16

## Versions

We adopt a policy of continual improvement and regularly update the course content. The contents and timings are for the version published on 13 June 2016. It is always possible for an update to be made to the course either prior to your subscription commencing, or during your subscription. Updates are provided to active subscribers of our courses.

## Follow up

We expect you to start trading after this course, either with a live or practice account.

Plan B provide coaching and mentoring, either face to face or via Skype to support you on your journey to becoming professional as a trader.

We work closely with our colleagues at Viper Wealth Creation who provide advanced classroom courses to follow on from this online trading course. We will be happy to discuss your suitability for one of these courses.